

Welcome to
The Art Of Emotional Health
Creative Ways to Let Go, Laugh More & Relax!

ONE DAY COURSE

Friday 29th October

Gold Coast

9.00 am - 5.00 pm



This is going to be an AWESOME day filled with excellent information, experiential learning and stimulating interaction! Make sure you bring a pen and paper and anything else you need to be absolutely comfortable.

Registration 8.30 am

Address Ground Floor
Meeting Room
Bayview Towers
21 Bayview St
Runaway Bay

Parking street parking is available for free
it's best to park on Oatland Espl which comes directly off Bayview St
Bayview Towers is a short walk from there

Lunch lunch is not provided on this one day course however there will be a range of healthy snacks and refreshments available for you throughout the day. You can either bring your own delectable munchies or there are several cafes within easy walking distance for food of your choice

Contact If you need to get hold of us on the day, contact Susan directly on 0457 835 009



I'm looking forward to seeing you soon!

Susan Living :)

www.susansfoodforthought.com